

Specializing in Line Duncing & Couples Flow Duncing To All Types of Music

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# Keep Up If You Can

### Choreographed by Hana Ries

Description 32 count, 4 wall, low intermediate line dance

Music These Boots Were Made To Dance by Clayton Smalley & Timothy Baker

Don't Go Yet by Camila Cabello

a.k.a. Dancin' Boots
Intro Begin on lyrics

### HEEL TAPS, WEAVE, HEEL TAPS, MODIFIED WEAVE

1-2 Touch right heel right forward diagonal, touch right heel right forward diagonal

3&4 Cross right behind, step left side, cross right over

5-6 Touch left heel left forward diagonal, touch left heel left forward diagonal

7&8 Cross left behind, step right side, step left forward

### HEEL, TOE, PIVOT 1/2 TURN, KICK-BALL-CHANGE, BIG STEP, DRAG

1-2 Touch right heel forward, touch right toe back

3-4 Step right forward, turn ½ left and step down on left

5&6 Kick right forward, step down on ball of right, step left together

7-8 Big step right forward slightly on right diagonal, drag left next to right (keeping weight to right)
When dancing to "Don't Go Yet", change count 8 to drag/step left together, then restart the dance at the beginning

## WALK BACK, ROCK BACK/RECOVER, STEP FORWARD, PIVOT 1/4 TURN

1-4 Step left back, step right back, step left back, step right back

5&6 Rock left back, recover to right, step left forward

7-8 Step right forward, turn ½ left and step down on left

Option: clap as you walk back on "and" counts between steps

#### CROSS, STEP, CROSS, STEP, MODIFIED JAZZ BOX

1-4 Cross right over, step left side, cross right over, step left side

Dip on counts 1 and 3, bringing your left shoulder forward and across

5-8 Cross right over, step left slightly back, step right side, cross left over

#### **REPEAT**

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After walls 2, 4, and 8 when dancing to "These Boots Were Made To Dance"

1-2-3 Touch right heel right forward diagonal, touch right heel right forward diagonal, step right together

4-5-6 Touch left heel left forward diagonal, touch left heel left forward diagonal, step left together

• RESTART •

When dancing to "Don't Go Yet", change count 16 to drag/step left together, then restart the dance at the beginning